

NISA COACH EDUCATION PROGRAMME SUMMARY OVERVIEW

Trainee Assistant – Qualified Coach

Level	Prerequisite	Module 1	Module 2	Module 3	Module 4	Module 5
<p style="text-align: center;">1</p> <p>Assistant Coach</p> <p>Not able to coach independently</p>	<ul style="list-style-type: none"> Registration & Fee NISA membership Minimum age 16 Minimum NISA test pass Novice Field moves. <p>(Short Track trainees arranged separately)</p> <p>2 years from application in which to complete this level</p>	<ul style="list-style-type: none"> Completion of NISA policy documents Sports Coach UK Good Practice & Child Protection Workshop First Aid 	NISA Information workshops	Mentor Training	Sport Specific Knowledge & Understanding of elements & how to teach them	<ul style="list-style-type: none"> Assessment: <ul style="list-style-type: none"> - On-ice Practical Assessment - written examination
<p style="text-align: center;">2 C</p> <p>Development</p> <p>Qualified to coach independently</p>	<ul style="list-style-type: none"> Registration & Fee NISA membership Minimum age 18 Level 1 held for 6 months Minimum one part Level 6 NISA Test <p>2 years from application in which to complete this level</p>	<ul style="list-style-type: none"> As above Public Liability acquired on completion of all other requirements 	Sport Coach UK Workshops	Sport Specific Knowledge & Understanding of elements and how to teach them	Mentor Training	<ul style="list-style-type: none"> Assessment: <ul style="list-style-type: none"> - On-ice Practical Assessment - written examination

Qualified Coach – Development Coach

	Prerequisite	Sport Specific achievements to reach this level
<p style="text-align: center;">2 B</p> <p>Development</p>	<ul style="list-style-type: none"> 3 years experience at level 2C Actively coaching for 3 years (No long term breaks in coaching, exceptional circumstances considered) On-going maintenance of coaching licence 	<p>SINGLES: 25 level 4 test passes</p> <p>PAIRS: 8 different couples level 4 test passes</p> <p>DANCE: 25 level 4 test passes (Solo or partnered tests)</p> <p>SYNCHRONIZED: To be advised</p> <p>SHORT TRACK SPEED: To be advised</p>
<p style="text-align: center;">2 A</p> <p>Development</p>	<ul style="list-style-type: none"> 5 years experience at level 2 Actively coaching for a minimum of 5 years (No long term breaks in coaching, exceptional circumstances considered) On-going maintenance of coaching licence 	<p>SINGLES: 25 level 5 test passes</p> <p>PAIRS: 8 different couples level 5 test passes</p> <p>DANCE: 25 level 5 test passes (Solo or partnered tests)</p> <p>SYNCHRONIZED: To be advised</p> <p>SHORT TRACK SPEED: To be advised</p>

Qualified Coach - Performance Coach

	Prerequisite	Sport Specific achievements to reach this level
2 Performance	<ul style="list-style-type: none"> 3 years experience at level 2 Actively coaching for a minimum of 3 years (No long term breaks in coaching, exceptional circumstances considered) On-going maintenance of coaching licence 	SINGLES: 3 different competitors in level 8 open competitions PAIRS: 3 different couples competing in level 6 open competitions DANCE: 3 different solo competitors competing at level 8 open competitions SYNCHRONIZED: To be advised SHORT TRACK SPEED: To be advised
It is possible to proceed to level 2 performance without holding the level 2B or 2A qualification (See flow chart for details)		

Level	Prerequisite	Module 1	Module 2	Module 3	Module 4
3 Performance 3 years from application in which to complete this level	<ul style="list-style-type: none"> 3 years experience at level 2 performance Actively coaching for a minimum of 5 years On-going maintenance of coaching licence 	Sports Coach UK Workshops	Sport Specific training: On & Off-ice workshops	Assessment: On-ice Practical Assessment written examination	Sport Specific Achievements required: Skaters must have been coached for a minimum period of 12 months prior to attending the event. SINGLES: 5 different British Primary/ISU Novice Championship competitors PAIRS: 5 different British Primary/ISU Novice Championship couples DANCE: 5 different British Primary/ISU Novice Championship couples SYNCHRONIZED: To be advised SHORT TRACK SPEED: To be advised
4 Performance 3 years from application in which to complete this level	<ul style="list-style-type: none"> 4 years experience at level 3 performance Actively coaching for minimum of 8 years On-going maintenance of coaching licence 	Sports Coach UK Work units	Sport Specific training: On & Off-ice workshops	Practical Delivery: Deliver Regional Seminars to include practical & theoretical sessions at level 2 or above	Sport Specific Achievements required: Skaters must have been coached for a minimum period of 12 months prior to attending the event. SINGLES: 3 different British Junior & 3 different Senior Championship competitors. 2 Senior ISU International competitors. PAIRS: 3 different British Junior & 2 different British Senior Championship couples. 2 ISU International couples. DANCE: 3 different British Junior & 2 different British Senior Championship couples. 2 ISU International couples. SYNCHRONIZED: To be advised SHORT TRACK SPEED: To be advised
5 Performance 3 years from application in which to complete this level	<ul style="list-style-type: none"> Holding level 4 performance Actively coaching for minimum of 8 years On-going maintenance of coaching licence 	Practical & Theoretical work alongside other World Championship top ten coaches ISU/BOA Development Seminars	Awarded to those with Sport Science background and demonstrating a sense of leadership within the sport at the highest levels	Deliver Regional, National & International Seminars to include practical & theoretical sessions at level 3 or above. Show outstanding levels of delivery and organisational skills	Sport Specific Achievements required: Skaters must have been coached for a minimum period of 12 months prior to attending the event. SINGLES: 3 different ISU Senior Championship competitors PAIRS: 3 different ISU Senior Championship couples DANCE: 3 different ISU Senior Championship couples SYNCHRONIZED: To be advised SHORT TRACK SPEED: To be advised